



Lillian Adele

Creative Enterprise &
Wellness Facilitator

My Contact

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Education Background

- Queensland University of Technology
*Bachelor of Creative Industries
(Interdisciplinary)*
- Mind Body Education
*Diploma of Holistic Integrated Creative
Art Therapies (HICAT)
Certificate (HICAT) Sound & Vibrational
Therapies
Certificate Meditation Teacher
Certificate Holistic Counselling
Certificate Chair Yoga*
- Susan Dimasi Business Coach
Artisans Unite – Sales & Business Training
- School of Magnificence – Kageni Njeru
Business & Marketing Coaching Program
- Dept. Education, Skills & Employment
NEIS Program | Cert III Micro Business
- Edgware Creative Entrepreneurship
Build Your Business Training
- Pure Presence Reiki & Sound Healing
Usui Reiki – Level 1 & 2
- Zen Thai Shiatsu
Level 1
- Brisbane City Council
Cultural Awareness Training
- Contact Inc.
ECSSARE Facilitator Training
- Landmark Education
*Forum for Teens, Landmark Forum,
Advanced Course & Commitment Seminar*
- Registered NDIS Worker Clearance
- Current Blue Card Working with Children

About Me

Lillian Shewring is a multidisciplinary artist, creative producer, and holistic creative therapies practitioner with over 15 years of experience in managing international arts collaborations and large-scale performance projects. Her work spans visual arts, body painting, dance theatre, and music, with a particular focus on the healing power of art. Lillian's passion for exploring the intersection of creativity, well-being, and spirituality is informed by her studies in meditation, sound therapy, and creative therapies. Through her practice, she has developed a unique approach that integrates arts-based healing with contemporary performance, offering transformative and immersive experiences that inspire connection and personal growth. Lillian's work is deeply rooted in her commitment to cross-cultural exchange and collaboration with Indigenous communities worldwide, making her a dynamic force in the world of creative and holistic arts.

Professional Experience

Cluster Arts Global | Associate Producer Oct 2023 – Current

Key responsibilities:

- Administration & Production Management
- Production Logistics, Tour Schedules, Bookings & Artist Liaison
- Marketing: Graphic, Web Design & Social Media Content Creation
- Grantwriting

Australian Sound Healers Association Ltd. | Director Program Lead, Student Engagement & Marketing 2021 – 2023

- Strategic Planning & Event Management & Community Liaison
- Program Design, Training & Facilitation
- Student Enrollments, Support, Training & Assessments
- Marketing: Website & Graphic Design, Email Campaigns & Social Media Strategy & Engagement
- Photography & Videography

Vibrant Arts Media | Vibrant Alignment Wellness 2009 – Current | Artist & Wellness Facilitator

- Visual Artist & Performer: Events & Festivals
- Event Production and Project Management
- Holistic Creative Wellbeing Facilitator & Coach (1-1 & Groups)
- Workshop Facilitation & Keynote Presentations

MARACCAS Inc. | Director, Program Lead & Marketing 2012 – 2023

- Strategic Planning, Administration, Grants & Fundraising
- Event Management & Community Engagement & Liaison
- Program Design, Training & Facilitation
- Marketing: Website & Graphic Design, Email Campaigns & Social Media Strategy & Engagement
- Photography & Videography



Other Work & Projects

MARACCAS Inc. | Director, Program Lead & Marketing

- 2022-23 6 wk Arts & Meditation for Mental Health Program Open Doors Youth Service
- 2022 *Creative Enterprise Program Facilitator & Coordinator* | Touring Digital Marketing Workshops for Regional Artists. Supported by Qld Gov. Investing in Qld Women, Regional Arts Services Network, Hand Bent Banana Studio, Arrow Energy, & (Toowoomba, Dalby, Miles, Roma & Goondiwindi Regional Councils)
- 2022 Digital Marketing Workshops - Creative Enterprise Program | Visible Ink Brisbane City Council
- 2022 *Keynote Speaker & Event Videographer* | Longreach Regional Council Women in Business Luncheon with Lucy Bloom.
- 2022 *The Colour Theory Project* | Event Producer & Performer | Anywhere Theatre Festival
- 2020 *Creative Entrepreneurship & Digital Marketing Workshops* | Creative Samford Inc. Supported by Moreton Bay Regional Council RADF Fund
- 2019 'La Ninha Bague' Puppet Show by Emilce Gonzales-Ruiz. Ron Hurley Theatre. Supported by LACA - Latin American Cultural Association
- 2016 'La Andariega' A 17 Day Bio Drama Immersion - *Creative Wellness Retreat* | Anywhere Theatre Festival Supported by Sunshine Coast Regional Council RADF Fund.
- 2015 *Perrin Park Multicultural Festival* | Event Producer. Supported By Brisbane City Council & Qld Gov.
- 2015 MARACCAS Inc. *International Tour - South America - Bio Drama 'Origines'* | Teatro Itinerante Del Sol | Co-Producer | Colombia & Brazil
- 2014 *Social Theatre Exchange*. Centre of the Theatre of the Oppressed - Rio De Janeiro, Brazil
- 2014 Videographer & Interviewer - ANZAC Equestrian History Project
- 2013 'Active Arts Rural Schools Program' for disadvantaged youth in rural communities - Cambé, Brazil
- 2013 Project Manager & Facilitator | MAIDA LILLEY COMMUNITY PROJECT | Creative Wellness Program for Homeless and Disadvantaged Community in Fortitude Valley. Supported by Brisbane City Council Housing Support Grant

Mind Body Education | Marketing Consultant 2023 (3 months)

- Design & Implementation of FB Ads Campaigns for signature Creative Therapies, Meditation and Other Courses & Programs
- Graphic Design, Social Media Content Creation

School of Magic Retreat Accelerator | Community Engagement & Enrollments 2021 (4 months)

- Community Engagement within online FB groups
- Organic Outreach, Appointment Setter & Sales
- Design & Development of Content

Nurture the Knack Creative | Marketing Consultant 2020-21 (6 months)

- Strategic Planning
- Website, Social Media & Community Engagement

Creative Samford Inc | Project Manager & Marketing 2019-20 (5 months)

- Strategic Planning & Administration
- Grants & Fundraising
- Graphic Design, Marketing & Social Media Management

YES& Conscious Living | Community Connector 2023

Key responsibilities:

- Community Engagement, Communications & Liaison
- Event Management & Grant Writing
- Administration & Itineraries

NDIS Support Worker | Self Managed Participant 2021 - 2023

Key responsibilities:

- Holistic Lifestyle Support & Wellbeing (including assisting with complex needs, food & medication)
- Household Cleaning & Personal Care
- Transport, Social Activities and Engagement

Reverse Garbage QLD | Workshop Program Coordinator & Facilitator 2013-15

- Administration & Communications
- Planning & Coordination of Workshop Programs
- Hands-on Workshop Facilitation (Kids & adults)

Speak Up Studio | Speech & Drama Teacher 2013-14

- Facilitation of Primary School Aged Speech & Drama Classes

Cheeky Faces | Facepainting & Children's Entertainment 2013-17

- Face Painting, Ballons & Entertainment/Games

Amazing Kids Parties | Sth East Qld Operations & Booking Manager & Children's Entertainment 2011-12

- Face Painting, Ballons, Entertainment/Games
- Database Management, Communications & Artist Liaison, Scheduling & Equipment Maintenance

Artslink Qld | Intern - Exhibitions Touring Program 2013

- Administration & Communication Support
- Hands-on support with Exhibition set-up & pack-down

Arts Connect. NSW | Marketing Assistant 2010 (12 months)

- Website Management
- Administration, Invoicing & Artist Liaison
- Videographer & Production Assistant

Referees

Debra Wilks | Cluster Arts Global
0433 554 801 | debbie@clusterarts.com

Ashley McHardey | Nurture the Knack Creative
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